

BEST FOR TEETH

DR NEIL COUNIHAN

Orthodontist

The king of braces: Counihan is an American-trained specialist orthodontist and expat Yanks just love him. Metamorphosis, his swanky Manhattan-style clinic – all cool white minimalism with Barcelona chairs in the waiting room – is not the kind of dental practice you'd expect to find in homely Parsons Green. The orthodontist and his friendly staff are on a mission to tickle our British stiff upper lips into a more photogenic, American-style smile. He's hot on lingual braces, which are worn on the inside of teeth so are virtually invisible. Bye-bye, Ugly Betty. He is also championing Damon System orthodontics: low-friction Braces that gently expand the upper arch of The mouth to broaden the smile.

Consultation., £125: lingual braces, from £4,400. Ring 020 7731 1077 or visit Metamorphosisorthodontics.com